

Himalayan Crystal Salts

The Miracle of HCS & Brine

Himalayan Crystal Salt

As early as the 16th century, the famous physician Paracelsus stated "only salted foods could be digested properly". But the correct Salt is also of paramount importance. As you can see from the pictures to the right, the crystals of the **COMMON TABLE SALT** are **totally isolated from each other and dead**. In order for the body to try to metabolize these crystals, it must sacrifice tremendous amounts of your energy. The excess can't be easily excreted and will be deposited in your vital organs..

Whereas the **HIMALAYAN CRYSTAL SALT** shows fine branching which means the crystal is not isolated from the 84 inherent mineral elements, in a perfectly harmonious state. The energy content therefore of the minerals is balanced and can be easily metabolized by the body. **This salt is indeed full of life!**

Doctors told us years ago that salt was bad for us, but they failed to mention they were talking about the bad salt only.

Quite simply, it's because regular table salt no longer bears any resemblance to the original crystal salt that man once consumed. Today's salt should not even bear the name, as it is invariably a toxic cocktail containing mainly sodium chloride.

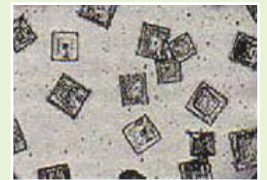
Table salt as we know it has been harvested mechanically from dirt or concrete basins with bulldozers and piped through metal conduits; put through many degrading artificial processes; heated under extreme heat levels in order to crack its

molecular structure, and rob it of all its essential minerals that are essential to our physiology. These elements are extracted and sold separately to industries for huge profits, as the precious minerals are highly valued by the salt refiners.

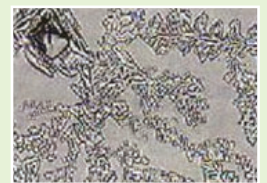
Salt is then further adulterated with other standard salt additives: Potassium-Iodide (added to the salt to avoid Iodine deficiency disease of the thyroid gland), Sugar (added to stabilize iodine and as anti-caking chemical) and Aluminium silicate (added to keep it powdery and porous. Aluminium is a very toxic element in our nervous system; it is one of the primary causes of Alzheimer's disease).

Himalayan Crystal Salt contains all the elements of which the human body is comprised. From the periodic table of elements we are familiar with 94 natural elements (stable and unstable). Apart from inert gases, all of these elements can be found in Crystal Salt. **Hence, crystal salt contains all natural minerals and trace elements that are found in the human body.**

Spot the Difference



Common Table Salt



Himalayan Crystal Salt

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Crystal Salt as a Brine Solution or Sole

"Sole" (so-lay) is the name given to the brine that is created when water and crystal salt are mixed together. The word sole, is derived from the Latin word "sol" which means sun. The sole or brine solution from Himalayan Crystal Salt is the liquid materialization of sunlight. Sole means fluid sunlight or fluid light energy.

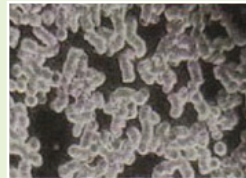
Sole is referred to as the primordial soup of life, and the most flexible physical representation of pure solar and light energy. When the water and salt come together, the positive ions in the salt surround the negative ions of the water and the negative ions in the salt surrounded by the positive ions of the water. The ions become hydrolyzed.

This changes the geometric structure of the water and the salt, and creates something entirely new. In other words, the water is no longer water and the salt is no longer salt.

The quality of the salt used for making the brine is of paramount importance; however the amount you take is not as important as the regularity. Research has shown that this is far more important than taking large doses. Sole is best taken first thing in the morning on an empty stomach followed by a full glass of water, and within minutes, the whole stomach and intestines are being stimulated. This then has a very positive effect on digestion and metabolism. The availability of electrolytes is increased, conductivity in the body is increased, and this in turn affects circulation.

Spot the Difference

Microscope Blood Analysis - Before & After 5mls of Brine



Before taking 5mls of Brine
Notice how the blood cells are clumped together.



30 minutes later
Notice the spaces between the cells, allowing proper blood flow.

The crystalline structure of sole is so profound that its vibration pattern lasts for up to 24 hours in our bodies.

By taking this brine solution, you are able to import the vibration pattern that is required by the body to heal. Saturation brine ratio is 26:100 by weight. Therefore 260gr salt to a litre of pure water: (130gr:500ml; 65gr:250ml; 32.5gr:125ml).

Drinking the sole enables you to take advantage of the most powerful application there is from the Himalayan Crystal Salt. The effects are drastic and clearly noticeable. Connective tissues are detoxified, contaminations are washed out, and the bodies own healing powers are stimulated. During the initial stages of detoxification diarrhea, headaches, fatigue, or nausea may occur.. **THIS IS NOT A DRAWBACK - SIMPLY A POSITIVE SIGN THAT YOUR HEALING PROCESS IS TAKING PLACE.**

Each morning, before eating or drinking anything, take 1 teaspoon/5mls of brine (no metal spoons - syringe recommended), followed by a glass of water. Wait 10 minutes before eating or drinking anything... Naturally drink plenty of water throughout your day.

You'll be amazed at how smooth your skin becomes, all because the toxins are being flushed out of your body.. And as we all know, it's the blockage of toxins that produces that lovely orange peel effect called ... cellulite ... **IMAGINE NO MORE CELLULITE!!! Your body is being rejuvenated from the inside out!**


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